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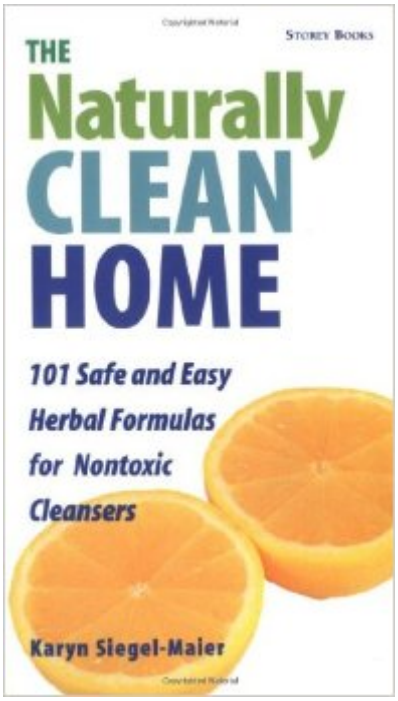
The Naturally Clean Home: 100 Safe And Easy Herbal Formulas For Non-Toxic Cleansers



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Synopsis

You don’t need to pay a fortune for expensive "green" commercial cleaning products. It’s easy and inexpensive to mix up effective, nontoxic alternatives using basic kitchen staples â ” baking soda, vinegar, lemon juice, herbs, and borax â ” plus a handful of easy-to-find essential oils. Karyn Siegel-Maier offers 150 all-natural recipes for cleaning everything inÂ your home â ” from bathrooms to bedding, carpets to cabinetry. The formulas are so simple that anyone can make them, but they are at least as effective as the commercial options. Try making your own Rosemary-Geranium Floor Wipes for electrostatic floor mops, Weekend Warrior Wicker Wash, Telephone Dirty Talk Tamer, Clear the Air Room Spritzer, or Lavender Lift Automatic Dishwasher Soap.

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Customer Reviews

I just purchased "The Naturally Clean Home" and like many of the other reviewers, immediately was curious to begin making my own homemade recipes. I must say that I am impressed with the results: The Lavender Soft Scrubber was easy to make and even easier to use in the bathroom, leaving my toilet, bidet, tub and sinks spotless with little effort in scrubbing and rinsing. I also made the Liquid Laundry Detergent and was pleasantly surprised by how clean and soft it left towels, sheets and even my husband’s smelly and dirty golf clothes. I noted that another reviewer said that this liquid laundry detergent recipe didn’t work for her but my experience was different: I substituted borax for the baking soda in the recipe and found that this worked just fine. The resulting liquid

laundry detergent has to be shaken before use and doesn't suds up like other brands of detergent. But do not be fooled by the lack of suds: it works just fine and leaves no residue on clothes that can cause skin reactions and depending upon the essential oil you choose (I used a combination of cedarwood and patchouli), the fragrance left on clothes is subtle and not overwhelming; just a fresh clean scent and softness. You may find that you don't even need a fabric softener with that particular recipe although I am curious to try her fabric softener recipe next.With just a couple of essential oils, and few other ingredients, you can have what you need to clean just about the entire home without breaking the bank. It's important to note that essential oils have different uses and functions and while it looks like the recipes are repetitious, they're not when you look closely at what essential oils are used and why.

Lets start with the bad...It SHOULD come in a flip book, makes referance eaiser.You dont really need so many different cleaners. I hold more to the line of thinking that a couple/few good cleaners can tackle most any application.The betweenIt will rehash combos of the same ingrediants however as one review stated, with different essential oils. What I felt it was important to mention about this is that each essential oil can have a very different function. I personally have spent much time researching various oils to determine alternate uses for them. The changing of one oil to another is IMPORTANT, its not always just about the scent of the cleaner. Let me give you a very basic example, you may prefer the SMELL of say orange oil to tea tree oil however it isnt going to tackle mold nearly as well. If you are rather familiar with essential oils then perhaps you may wish to only skim through this book at the library. (and chances are you will already be fimiliar with the basic cleaning ingrediants) However, if you are not fimiliar with oils (or do not care to research it for yourself) then its very much worth the purchase.the goodI have found a handfull of the recipes to be very good, some even better than the toxic counterparts. The soft scrub is heaven (I dont remember if she actually calls it that but that is what it makes in the end, a soft scrub) It works well and smells so yummy you will want to eat it!This was my intro book once upon a time. It has also inspired me to create some unique cleaners of my own by tweeking her instruction to my liking.

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